



DEPARTURE GUIDE

NEW YORK CENTRAL PARK

Welcome to Kaplan International Languages. This guide will help you make the most of your chosen course and will give you useful information that you can refer to during your stay.

ADDRESS:

5 Columbus Circle, Fourth Floor, New York, NY
10019

PHONE:

646-285-0300

FAX:

N/A

EMERGENCY CONTACT:

+1 (718)-906-1045

SCHOOL DIRECTOR:

Chris Koutsovitis

ACCREDITATIONS AND MEMBERSHIPS

This Kaplan International Languages school is accredited by ACCET (Accrediting Council for Continuing Education and Training).

 Last updated 03/02/2022



BEFORE YOU LEAVE

Here are some important things you need to know to make your arrival as smooth as possible. Use our checklist to ensure you don't forget anything and are prepared for the exciting times ahead.



POCKET MONEY

Recommend weekly budget: \$250. This should cover expenses, laundry, local travel and activities. You will need additional money if you want to take weekend trips. Bring \$150 with you in cash and a debit or credit card. You will need to check with your financial institution to make sure you will be able to withdraw money from an American ATM. Do not bring foreign currency. It is not wise to carry around large amounts of cash.

BANK ACCOUNT

If you're staying longer than three months, you may wish to open a bank account. If possible, set up your account before you arrive as rules, regulations and policies between banks vary. You may be required to bring personal documentation with you; remember it may take a long time to set up the account, so make sure you still have access to money during this process.

CLOTHING

Most students dress casual for classes, but you should bring nice clothes for going out and active clothes for sports and outdoor activities. The climate is changeable and may be different from your own. While the summer is hot and t-shirts and shorts with a light jacket would suffice, winter is cold with some snow, and heavy winter coat and waterproof shoes are a must.

ELECTRICAL CURRENT

Standard voltage in the US is 120 volts; remember to bring an adaptor with you or buy one when you arrive.

SCHOOL NOTIFICATIONS

We encourage you to follow the school's Facebook page before you arrive and especially during your stay. This will give you an idea of what is happening in the school and help you connect with staff and students. This is also where we will post notification of any unexpected school closures: it is important you check our Facebook page for any messages while you are attending the school, especially if there is severe weather in the area (e.g. snowstorm, flood, etc.). If the school cannot open or school opening will be delayed, we will post a message as soon as possible (the night before or in the morning) to advise you of this, along with information on how to get further updates and any alternate scheduling (if applicable). The KI New York Central Park Facebook page is found at: www.facebook.com/kinewyorkcentralpark

CHECKLIST

Is everything ready for your first day at Kaplan? Below is a full list of all the items you'll need to bring with you to orientation. Feel free to print this page out and take it with you!

- ☐ Passport
- ☐ Acceptance letter and Kaplan documentation
- ☐ Visa
- ☐ Minor form (for students under 18)
- ☐ Accommodation fact file (provided by your booking agent)
- ☐ Travel and medical insurance, plus proof of Covid-19 vaccination
- ☐ \$150 in cash and credit/debit cards
- ☐ Weather-appropriate clothing
- ☐ Adaptor for electrical appliances
- ☐ Deposit if you're staying in residential accommodation
- ☐ Prescription medication and medical records
- ☐ Emergency information
- ☐ Laptop/tablet
- ☐ Insurance for your personal belongings (recommended, but not mandatory)





WHEN YOU ARRIVE

Arriving at the airport in a foreign country can be overwhelming. To better prepare yourself, make sure that you have read the information below about your arrival and how to get to your accommodation. If you get lost or confused upon arrival, don't be afraid to ask the airport staff for help as they will be happy to give assistance.



KAPLAN TRANSFERS

Students should arrive at John F. Kennedy International, Fiorello La Guardia or Newark International Airports. We request that you book your flights according to the starting date of your specific program. You must arrive on the Saturday or Sunday prior to your course start date. If you have booked a transfer service, a driver will meet you outside the immigration area (for international flights) or the baggage claim (for domestic flights). Please ensure you arrange and pay the transfer fee in advanced.

TRANSFER SERVICE EMERGENCY CONTACT DETAILS

If you have any flight changes, miss a connecting flight or need help meeting the transfer service, you should call the following emergency number. Please be prepared to tell them your name, school name (Kaplan International) and location.

- Kaplan Emergency Contact Number: +1 (718) 906-1045

INDEPENDENT TRANSFERS

IF YOU CHOOSE NOT TO USE THE KAPLAN TRANSFER SERVICE

You can use a yellow taxi, Uber or Lyft. In the airport, you can simply follow the signs pointing you in the direction of "Ground Transportation" to an outdoor waiting area where you'll wait in line for the next available car or order your pick up with an app. The cost for a taxi from JFK is a flat fee to anywhere in New York City. From La Guardia and Newark airports, however, the driver will use the meter. A shuttle and bus service is also available at each airport and specific information about these services is available at the ground transportation waiting area.



FIRST DAY AT SCHOOL

Orientation starts every Monday at 9:00am online. A week before students are scheduled to begin they will receive a welcome email with the zoom link to orientation. This includes registration, a placement test, presentations, and student introductions. On their first day, students are expected to bring their passport, I-20, proof of health insurance, proof of COVID vaccination, and at least \$100 cash for weekly activities. This schedule can vary depending on the time of year as well.



ABOUT THE SCHOOL

NUMBER OF BUILDINGS:	1
NUMBER OF FLOORS:	2
TOTAL NUMBER OF CLASSROOMS:	15
SCHOOL FACILITIES:	Elevator, air conditioning, heating, Wi-Fi, computer lab/ multimedia center, student lounge/ common room
WHEELCHAIR / DISABLED ACCESS:	Yes
EXTRA COST OF FACILITIES:	None
OTHER SERVICES PROVIDED:	Accommodation, Airport transfer, University Placement Service, Medical Insurance
EXTRA COST OF OTHER SERVICES:	See our price list
NUMBER OF COMPUTERS AVAILABLE:	28
LEVELS OF ENGLISH OFFERED:	All levels

CLASS TIMETABLE

MORNING		AFTERNOON	
Class:	08:30 - 10:00	Class:	13:50 - 15:20
Break:	10:00 - 10:10	Break:	15:20 - 15:30
Class:	10:10 - 11:40	Class:	15:30 - 17:00

SPECIFIC SKILLS CLASSES TIMETABLE

MORNING CLASS (MONDAY TO THURSDAY)	AFTERNOON CLASS (MONDAY TO THURSDAY)
12:10 - 13:40	12:10 - 13:40



SCHOOL MATERIALS

MATERIALS PROVIDED FOR STUDENTS:

K+ curriculum, K +notes, K +tools, K +extra, Chromebases, Interactive whiteboards

IS THERE A BOOK DEPOSIT?

No

IS THERE A MATERIALS FEE?

No



LOCAL INFORMATION

NAME OF LOCATION:	New York Central Park
TOP 5 REASONS TO CHOOSE THIS CITY:	Located in the heart of Midtown Manhattan next to Central Park, minutes away from Times Square, new school with state of the art facilities, next to one of the largest subway centers, University Placement Services are available; we work directly with over 100 university partners
FAMOUS LANDMARKS:	Central Park, Times Square, Statue of Liberty, Empire State Building, Madison Square Garden, Macy's, Museum of Modern Art
CITY PERSONALITY:	Active, alternative, artistic, big city, bookstores, Broadway, business capital, buzzing, cosmopolitan, creative, cultural, entertainment capital, famous, fashion, foodie scene, iconic landmarks, independent, professional, sophisticated
WHAT MAKES THIS CITY UNIQUE?	Located next to the iconic and beloved Central Park
TRANSPORT WITHIN A 10-MINUTE WALK:	Train, metro, buses
CUISINES WITHIN A 20-MINUTE WALK:	American, Brazilian, Chinese, European, French, Greek, Indian, Italian, Japanese, Mexican, Middle Eastern, Seafood, Spanish, Thai, Turkish, Vegetarian
ALTERNATIVE THINGS TO DO:	Explore the local museums, enjoy some world-class shopping, go watch some comedy in Greenwich Village, watch the sunset from the High Line



TYPICAL 2-WEEK SOCIAL SCHEDULE

DAY	FIRST WEEK	SECOND WEEK
MON	New Student Icebreakers	Walking tour
TUE	Bar night	Dance class
WED	Soccer	Museum tour
THU	Brooklyn Bridge and ice cream	Baseball or basketball game
FRI	Sunset party	Broadway show
SAT	Overnight trip to Washington DC	Overnight trip to Boston

REGULAR SOCIAL ACTIVITIES

Sunset party on roof	\$10-15
Broadway show	\$40-100
Brooklyn Bridge walking tour	Free
Museum of modern art	Free
Movie night	Free
Bar night	\$10-20
Washington, DC weekend trip	\$239-420

Number of Social activities per week: 5

EXAMPLES OF NEARBY CITIES TO VISIT

BOSTON

Travel time: 4.5 hours, price of return ticket: \$20-80

WASHINGTON, DC

Travel time: 5 hours, price of return ticket: \$25-80

LIVING COSTS

(SAMPLE PRICES FOR ITEMS IN THIS CITY)

Bottle of water:	\$3
Coffee:	\$2-5
Can of coke:	\$2-3
Meal out for two:	\$60
Takeaway pizza:	\$20
Sandwich:	\$6-9
Local bus ticket:	\$3
Local train ticket:	\$3
Bike rental:	\$12/day
Cinema ticket:	\$13-15



ACCOMMODATION



Your new home is an important part of your study experience. Each school has specially chosen options to help make the most out of your stay. Homestay and student residences offer different accommodation experiences, but always meet the highest standards.

HOMESTAY

THINGS STUDENTS NEED TO BRING:

Toiletries, personal items to make their room feel like home, prescription medication

SERVICES INCLUDED:

Bed linen, towels, telephone use for emergencies

EXTRA COST OF SERVICES:

No; laundry often not available in home; common price for laundry is \$4 for wash and dry at facilities in building or laundromat nearby

MEALS PROVIDED:

Yes

ABOUT HOMESTAY MEALS

BREAKFAST:

Breakfast is usually a light meal consisting of cereal, fruit, toast, juice, or coffee. Hosts will usually ask you to prepare your own breakfast.

LUNCH:

You will be responsible for buying your own lunch at school, from a local restaurant, or the local shops.

DINNER:

You will usually eat dinner with your host, or occasionally you may prepare your own meal with food supplied by your host.

RESIDENTIAL ACCOMMODATION

IF YOU HAVE BOOKED RESIDENTIAL ACCOMMODATION

Please refer to the Residence Fact File from your booking agent for more information, including check-in and check-out times and services available.



WILL THE HOMESTAY ARRANGE TO PICK UP THE STUDENT FROM THE AIRPORT?

No

TRANSPORT TO SCHOOL:

Your host will help you plan your way to and from school on your first day and explain how to use public transport.

WHERE ARE THE HOST FAMILIES LOCATED?

Manhattan, Brooklyn, Queens, Bronx

ADDITIONAL INFORMATION:

Homestays are 45–60 minutes of commute time to the school.



HEALTH AND SAFETY

MEDICAL INSURANCE

All students must have travel and medical insurance for the duration of their stay in the US. Kaplan offers you a low-cost Travel and Medical Insurance Plan that we advise you to take. If you are not taking Kaplan Insurance you are required to show proof of alternative medical insurance. If not taking Kaplan Insurance, please make sure your insurance includes evacuation and repatriation.

IF YOU GET SICK

If you get sick while in the US you should visit a doctor. You can ask the Kaplan staff or your host family where the nearest doctor is. If you have a minor illness you can ask staff at a local pharmacist for advice. Remember to bring any relevant insurance or medical documentation with you. You may be required to register with a doctor.

PROTECTING YOUR BELONGINGS

We strongly recommend you take out insurance for your personal belongings, especially cameras, music players, mobile phones and laptops. Personal items cannot be covered by Kaplan homestay or residence insurance.

PRESCRIPTION MEDICATION

Remember to bring enough of your prescribed medication with you as US pharmacists will not fill a foreign prescription. International customs agents may ask you questions about your medication upon your departure or arrival, so be sure to pack it carefully. Bring any important medical records (blood type, prescriptions, x-rays) that might be useful for medical care abroad as well as contact information for your health care providers at home.

EMERGENCY SERVICES

Call 911 in case of fire, medical emergency or if you need the police.

MEDICAL COSTS

Medical costs are at the discretion of your local doctor or hospital.

Minimum medical costs are as follows

- Consultation with a doctor: \$60
- Prescriptions at a chemist: \$25 per item
- Dental treatment: \$150
- Eye test or new glasses: \$150



LAWS

- No one under the age of 21 in the US may buy or consume tobacco or alcohol, including beer and wine. It is against the law to buy tobacco or alcohol for someone you know is under the age of 21.
- Driving under the influence of alcohol is a very serious crime and police make regular random checks.
- You will need international ID to enter bars, clubs or pubs (e.g. passport, ID card, driving licence).
- Buying, selling and using drugs is illegal.

LOCAL CUSTOMS

- Women in the US are equal to men and should always be treated fairly.
- American people talk to strangers in public areas. This is a great way to practice English, but caution should be taken. You should not give out your address and telephone number, or accept inappropriate invitations.
- "Please" and "thank you" are very important words! Always use them if you ask someone to do something for you, or if they help you or give you information.
- The US is a culturally diverse nation where people of all ethnic backgrounds are treated equally.
- People in North America leave a tip for good service in restaurants, hair salons and other places. The tip rate at most restaurants is about 15–20% of the bill and is not usually included. Fast-food is not tipped unless it is delivered. Porters in stations, airports and hotels should be tipped approximately \$1 per bag. Taxi drivers are generally given a 15% tip.



KAPLAN INTERNATIONAL LANGUAGES RULES

- If you leave your Kaplan International Languages course, the government may revoke your student visa and advise you to return home.
- You must attend all classes. If you do not attend your classes your representative will be informed. If you do not then improve your attendance you will be sent home.
- Be on time for all your lessons.
- Always tell Kaplan International Languages if you are going to be absent from school for any reason and tell your host family if you are going away overnight.
- If you commit a criminal offence or have to be severely disciplined you will be sent home. We will also inform the immigration authorities.

US PUBLIC HOLIDAYS 2020

New Year's Day	3 January 2022
Martin Luther King Day	17 January 2022
Memorial Day	30 May 2022
Independence Day (Observed)	4 July 2022
Labor Day	5 September 2022
Thanksgiving	24-Nov-22
Day after Thanksgiving	25 November 2022
Christmas Day (Substitute Day)	26 December 2022

* The above dates are observed as holidays in the year. If you arrive on a week where the Monday is a holiday, your first day of school will be a Tuesday.

HOLIDAY POLICY

ACADEMIC YEAR & SEMESTER STUDENTS

There are preset holiday dates for all Academic Year and Semester students. These dates depend on your start date and cannot be changed. Please check with the school if you are not sure when these are.

SCHOOL CLOSURES

The school will be closed from "26 December 2022" to "3 January 2023" with an additional closure for New Years on January 1st

✓ Last updated: 2 March 2022